



**SECONDS
SAVE
LIVES**
— CLEAN YOUR —
HANDS!

HAND SANITIZER TECHNIQUE



Apply enough product to
keep hands wet for
30 seconds

5TH MAY
**WORLD HAND
HYGIENE DAY**

**SAVE LIVES
CLEAN YOUR HANDS**



**Private
Organizations
for Patient
Safety**
Hand Hygiene



Dispense sanitizer onto
clean hands and rub
palm to palm



Rub back of each hand
with palm of other hand
with fingers interlaced



Rub palm to palm
with fingers interlaced



Rub with backs of fingers
to opposing palms with
fingers interlocked



Rub each thumb clasped
in opposite hand using a
rotational movement



Rub tips of fingers in
opposite palm in a
circular motion



Rub each wrist with
opposite hand